



The Department of Recreation & Wellness
Tennis Courts

DIRECTIONS: Please PRINT all information neatly. If you have a Fitness Center packet on file, you do NOT need to complete this form. A non-affiliate of Clayton State, a non-member of the fitness center, or a guest of a student or a member must pay the required fee per hour to use a tennis court.

Category - Please Check: [] Student [] Empl [] Alum [] Com

NAME: (Last) (First) (Middle/Maiden) DATE: / /

ADDRESS: (Number, Street, or PO Box)

(City) (State) (Zip)

PHONE: () ALTERNATE PHONE: ()

EMAIL:

NOTICE & EMERGENCY CONTACT INFORMATION

Notice - All individuals are strongly encouraged to have a physical exam from a licensed medical professional prior to beginning, or re-starting an exercise program. Additionally, the American College of Sports Medicine recommendations and guidelines recommend a medical clearance for men over 45, women over 55 and individuals of any age who have two or more of the following risk factors: diagnosed hypertension, blood pressure of 140/90 or greater, total cholesterol greater than 200mg/dl or HDL of 35mg/dl or lower, smoke cigarettes, impaired fasting glucose, obesity, a family history of heart disease or a sedentary lifestyle. Medical clearance is also strongly recommended for persons with cardiovascular, pulmonary or metabolic disease. Please acknowledge your understanding of the above by signing in the space provided below:

Signature: Date:

Please complete this information so that we may assist you with contacting a friend or relative in the event you experience an illness or sustain an injury.

EMERGENCY CONTACT: RELATION:

EMERGENCY CONTACT PHONE: () ALT PHONE: ()

ACKNOWLEDGEMENT

I acknowledge that I have read, understand, and agree to follow the tennis court policies. I further understand that my failure to follow one or more of the policies may result in a suspension or complete loss of tennis court privileges.

Signature: Date:

Parent / Guardian Signature: Date: (If participant is under 18)



Tennis Court Rules

Welcome to the Clayton State University Tennis Complex. Funding for this facility was provided by the students of Clayton State University. Players shall observe all tennis court rules, standards of proper conduct, fair play, and good sportsmanship. Enjoy your match!

General Policies

1. All players are responsible checking-in, and/or scheduling court use, at the Fitness Center desk prior to commencing play on the courts. A Laker ID card or Fitness Center ID card must be presented.
2. Tennis court use is restricted to the Clayton State University campus community unless alternate arrangements have been scheduled in advance through the Department of Recreation & Wellness. Guests permitted – certain rules and restrictions may apply.
3. The tennis courts are available on a first-come, first-served basis except when in use by the Clayton State University Athletics Department or by the Department of Recreation & Wellness.
4. The use of the courts by outside instructors is NOT permitted.
5. No children under the age of 16 permitted unless accompanied by a Clayton State University student, employee, or current Fitness Center member. Do not leave children unattended.
6. Court use is restricted to one hour.
7. Keep gates closed at all times.
8. Abuse of the courts / nets is prohibited and abusers will be financially responsible for damage and will be suspended from future use of the courts.
9. Clayton State University is not responsible for personal belongings left behind or unattended. Secure your belongings inside the SAC Fitness Center.
10. Tennis court hours coincide with the hours of the Fitness Center.

Attire & Shoes

1. **Attire** – Proper athletic attire must be worn on court. No street clothes are allowed on courts. Waist bands must remain at your waist at all times.
2. **Shoes** – Players shall not wear shoes that mar or damage the court. Only athletic shoes specified for tennis court use may be worn. Specifically, only non-marking shoes with white soles are permitted. No street shoes or black-soled shoes of any type.

~ OVER PLEASE ~

The Following is Prohibited

1. No alcohol.
2. No food, gum or tobacco
3. No glass bottles or containers.
4. No pets.
5. No blood on court. Cover all wounds immediately.
6. No yelling, loud noises or use of profanity.
7. No sitting, pushing or pulling on tennis nets, fencing, or windscreens.
8. No climbing on, hitting or kicking balls into, or running into fences.
9. No placing of towels or clothing on the net.
10. No bicycles, skates, skateboards, roller blades or hockey-type activities.

Restrooms – Located inside the Student Activities Center.

In Case of Emergency

Dial (678) 466-4050 for 24-hour emergency response from the Department of Public Safety.

Dial (678) 466-4971 or send for help for assistance from the Fitness Center. Note: assistance is only available during Fitness Center business hours. An AED is available inside Fitness Center.