

**Staff Council
Meeting Minutes
February 26, 2009**

Order- Meeting was called to order by Karen Born at 2:05 pm

Delegate Attendance

Delegates: Susan Volkert, Bruce Ingram, Kenisha Bonds, Karen Born, Keya Reed-Jones, Fay Henderson, Kathy Garrison, Sandra Starr, Brandon Marshall, Roxanne Dilbeck, Michelle Craig, Ethel Callen

Excused: Lana Soroka, Bob Ward

Not Excused: Cheryl Roberts, Christy Hicks, Liz Taylor, Billy Russell

Alternates:

Constituents: JoAnn Quattlebaum, Pat Keane

Meeting Minutes

Minutes from the 1-29-09 meeting were approved

Dr. Harden Update –

**After 3 budget cuts this year, the budget is now at a 10.4% reduction which means \$4 million have been cut. Unfortunately due to this reduction, there has had to be some layoffs. Six people have been affected and they are already aware of the situation. CSU is working to try to relocate these individuals.

Speaker Cindy Lauer-Fitting in Fitness

**You must get moving

**Make it fun

**Choose to move-

- Park farther away in order to walk more
- Walk while on the phone
- Set new goals- make it game for yourself
- Do your own yard work
- Take the stairs
- Walk to dog

**get 30 minutes of physical activity a day, 5 days a week

**Use your breaks or take 5 minutes of each hour to exercise in your office

- Lunges
- Wall/desk push ups
- Use objects to do bicep curls

**Sneak fitness in at home

- Use a push mower
- Rake instead of use a blower
- Vacuum with lunges
- Use manual hedge clippers

**BOTTOM LINE-we are meant to move – and should

New Business - Keya Reed-Jones

**Staff Appreciation day(s)-Luau

*Need to come up with a date. Plan around Dr. Harden's calendar. Plan during semester break

*come up with games, food, music

*advise Kenisha of ideas

Committee Updates

Elections –

Nothing to report

Smith Award –

Forms are finished and will be going to the delegates Friday 2-27. Deadline for nominations will be March 11, 2009

PDC –

**Meeting in the next 2 weeks to decide on a speaker

Special Events

**Valentine raffle netted close to \$200.00

**Open to any ideas for the Staff Appreciation luau. If you have any ideas for games, food, decorations or have any of that type of stuff you can loan that day, please let Kenisha Bonds know.

PR Coordinator –

February newsletter went out Wednesday

Concerns Update

**concern about emergency announcements – Public Safety is working on better communications

**Handicap parking – Pending

**Recycling-Rolling out new plan in the Student Center

New Concerns

**No new concerns

Adjournment

Meeting adjourned at 3:10 pm. The next meeting scheduled for March 26, 2009 at 2pm.

Respectfully Submitted,

Karen Born

Secretary