

**Clayton State University
Staff Council**

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Staff Matters

Volume 4, Issue 2

August 2008

Staff Spotlight

By: Elizabeth Taylor

Whether it is seasons, people or places change is all around us. Yet a photograph remains the same! Photography is a wonderful way to capture memories and to refresh our minds of special moments and events. Erin Fender's photographs have captured many Clayton State memories for posterity. Photography comes as second nature to her as her father gave her a camera when she was young and told her to go forth and click. In retrospect, Erin says of those early days that the images she thought



she was capturing didn't typically materialize on the film. But as you can see in her works today, that is not the case. Fender's father started as an amateur photographer approximately three decades ago. He honed his craft to become one of metro At-

lanta's preferred professional wedding photographers. At her father's knee, Erin learned the finer points of capturing images by helping in the family photography business. She credits her father as her mentor and helping her to develop as one of her goals to "... take your personality and not just your photo."

Fender began her Clayton State career as an intern for her baccalaureate degree in Communication and Media Studies. After earning her degree in 2005, Fender

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Council Notes

Hello and thank you for reading *YOUR* August edition of Staff Matters. This issue is packed with loads of great information! Excitement is certainly in the air as our first residence hall will be dedicated next week and fall semester will commence the following week. You've probably seen all of the renovations to the cafeteria, but do you know what else Dining Services has in store for its patrons this fall?

There are loads of exciting treats from fine dining to fast food items. At last week's Staff Council Meets,



Norman Grizzell presented an overview of the dynamic new dining options available to the Clayton State community. In addition to Jazzman's café, the Baker University Center is now the home to the new Lakeside Dining Hall and the Pizza Hut/Sub Connection

fast food services. The Lakeside Dining Hall will feature all you care to eat sit down fare. The choices will range from a full/continental breakfast to lunch to dinner. The upscale dining will be replete with china and silverware. Meals can be purchased individually or faculty/staff meal plans are also available. Individual meals for breakfast are \$5.00 and lunch/dinner is \$8.00.

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Professional Development

Our first guest speaker for this year's Professional Development lecture series is Steve Brown from Families First. Steve's presentation will be on August 18 from 2 p.m. to 3 p.m. in room 327 ULC. Mr. Brown is the Employee Assistance Program Director for Families First, a nonprofit human service agency that has served the Metro Atlanta area for over 100 years and Clinical Director for the State Bar of Georgia's Lawyers Assistance Program.

He holds an undergraduate degree in Human Services, a graduate degree in Marriage and Family Therapy and has over 27 years of public and private practice in the behavioral sciences. He is a Certified Employee Assistance Professional, a Certified Addiction Specialist, a Certified Relationship Therapist and a Certified Crisis Management Specialist who focuses on systems therapies and trauma interventions. He serves

as a consultant to Human Resource, Corporate, Professional and Governmental management officers.

Mr. Brown's lecture will feature "Effective Communication", which teaches attendees forms of communication, clear and effective relaying of thoughts and ideas, preventing conflicts as well as conflict resolution, dealing with difficult people and assertiveness .

On another note we would like to take a moment to extol the virtual of positive thinking. Our thoughts play a key role in how you see yourself and your outlook on life both of which can impact your self-esteem in positive and negative ways. Research proves that people who think positive thoughts experience life in more satisfying, less stressful and more contented ways than those who regularly think negatively. Here are some

ways for replacing negative thoughts with positive ones - resulting in a happier you.

- Be aware of your thoughts, and zap negative thoughts immediately.
- Turn off the negative tapes in your thinking by replacing them with positive messages.
- Write motivational sayings on small signs or pieces of paper and read them daily.
- Make a list of your accomplishments and be proud of yourself.
- Make a list of goals, and underneath each goal, write the small steps that will help get you there. Cross each step off as you go until you reach your goal.
- Congratulate yourself – a lot – even on small things, and even if you fail.

Staff Spotlight (cont'd from p. 1)

ventured into the private sector but the call of Clayton State beckoned her back in 2007. A few of her primary responsibilities in her current Clayton State position include photographing special events, fielding calls and information requests from reporters, and preparing editorials for the College of Arts and Sciences and the School of Nursing. Erin states that one of her most significant contributions is to the history of Clayton State; recording the changes that are amid us via photographs. At this time her career goals are to remain at Clayton State as she very much enjoys the people and the campus's sense of community. One of the most challenging aspects of her position is finding enough time to squeeze everything in each day.

Outside of work, Erin enjoys being outdoors and remodeling the family home with her husband. Additionally she enjoys spending time with her dogs and cats. If you find you have a moment stop by the Office of External Affairs and say hello to Erin. Perhaps she'll share a photography tip or two with you.

The Quacker Quasine

This mouth watering recipe comes from the kitchen of Rebecca Gmeiner. As our Register Becky is constantly on the go so that recipe is great as it only takes approximately 30 minutes to prepare.

Sweet and Savory Meatballs

Ingredient:

- | | |
|--|-------------------------------|
| 1 pound ground turkey | 1 egg beaten slightly |
| 1/4 cup fine bread crumbs | 1/4 cup chopped onion |
| 1/4 cup chopped onion | 1 egg beaten slightly |
| 1 egg beaten slightly | 1 small garlic clove minced |
| 1 small garlic clove minced | 1 cup canned chopped tomatoes |
| 2 tablespoon vegetable oil | 2 tablespoon vegetable oil |
| 4 tablespoons apple vinegar | 4 teaspoons soy sauce |
| 4 tablespoons brown sugar | 1 cup canned chopped tomatoes |
| 2 cans Campbell's Golden Mushroom soup | Pepper, to taste |
| Cooked noodles or rice | |

Preparation Instructions: Mix turkey, bread crumbs, minced onion, egg and garlic. Shape into meatballs. In a skillet, heat vegetable oil and brown meatballs over low temperature. Drain. Combine soup, tomatoes, apple vinegar, brown sugar, and soy sauce. Add meatballs to sauce. Cook over low heat for 20 minutes stirring occasionally. Serve over noodles or rice.

Council Notes (cont'd from p. 1)

The faculty/staff meal plans are available for \$125 plus tax and entitles the bearer to 25 meals and \$10 in dining dollars. Dining dollars are designed to provide food money for times when the dining hall is closed. They can be used at Jazzman's, Pizza Hut Express, SubConnection, Laker Hall Lounge, and SAC Café. Starter plans are also available at \$50 plus tax and entitles the bearer to ten meals but no dining dollars. Meal plans can be purchased in the Laker Card Center using cash, check, credit or debit. Unlike the student meal plans, the faculty/staff plans do not expire until all of the meals have been used. On Tuesday, September 2 the cash price at the door will be \$5.00 to give patrons an opportunity to experience the Clayton State dining services.

You won't want to miss our next speaker at Staff Council Meets on August 28! It will be Lt. Rex Duke from Clayton State's Public Safety division and he will be discussing campus security.



Staff Council Meets

August 28th

UC 260

2:00-3:00 pm

Speakers

Lt. Rex Duke

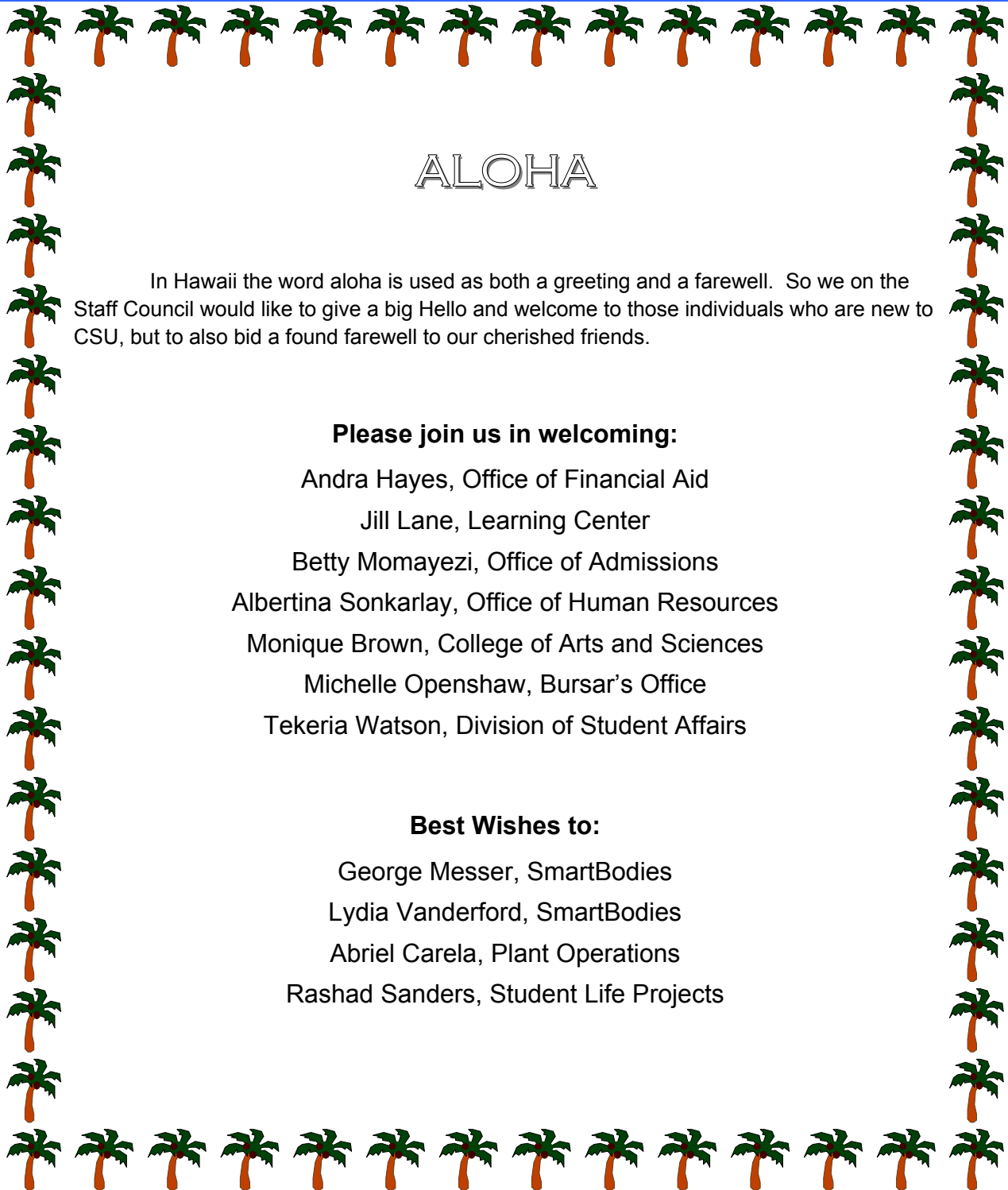
Topic

Campus Security



Visit the Staff Council Website at

<http://adminservices.clayton.edu/staffcouncil>



ALOHA

In Hawaii the word aloha is used as both a greeting and a farewell. So we on the Staff Council would like to give a big Hello and welcome to those individuals who are new to CSU, but to also bid a fond farewell to our cherished friends.

Please join us in welcoming:

Andra Hayes, Office of Financial Aid

Jill Lane, Learning Center

Betty Momayezi, Office of Admissions

Albertina Sonkarlay, Office of Human Resources

Monique Brown, College of Arts and Sciences

Michelle Openshaw, Bursar's Office

Tekeria Watson, Division of Student Affairs

Best Wishes to:

George Messer, SmartBodies

Lydia Vanderford, SmartBodies

Abriel Carela, Plant Operations

Rashad Sanders, Student Life Projects

Meet Your Delegate



Meet Kenisha Bonds. As a newly elected delegate, Kenisha represents the staff in the Office of Information Technology and Services. With a background in information systems and an MBA from Southern Polytechnic University she is great at learning things quickly.

In her next two years as a representative on the Staff Council she is looking forward to representing her constituents and assisting to resolve issues and concerns that are brought to the council. Kenisha's goals include ensuring that the Staff Council continues to keep the Clayton State staff connected with the entire University community. As vice-chair of the special events committee she is looking forward to meeting new members of the campus community. Outside of Clayton State Kenisha enjoys reading sci-fi, drama, and romance books. She also enjoys traveling to warm climates, especially the beautiful beaches of the Caribbean islands. Her two year old daughter Mya keeps her on the go. Just remember if there's anything representative Kenisha can do to help you, please feel free to give her a call.

Staff Matters Trivia

Big prizes await the first person with the correct response!

What are the names of the streets on the Clayton State campus?

Email answers to staffmatterstrivia@clayton.edu.

A BIG CONGRATULATIONS to Jillian Jones for answering the July Staff Matters Trivia question correctly! There are two wooden bridges on the CSU campus. Jillian is the winner of a \$30 gift certificate to the CSU Bookstore.



Have A Concern?

Be sure to tell us your concern. You can email Staff Council at

StaffCouncil@clayton.edu

To anonymously voice your concern, click the POST YOUR ISSUE button on the Staff Council webpage. Remember, concerns or issues should be something that will improve conditions on campus or benefit the campus community as a whole.

August Staff Anniversaries

Name	Years of Service	Department
Baldwin, Christopher	1	OITS—The HUB
Barton, Patricia	15	Office of Financial Aid
Bausin, Pacito	10	Plant Operations
Belle, Melissa	11	Office of Financial Aid
Benford, Alexander	4	Department of Music
Bishop, Sheila	5	Bookstore
Bryant, Joy	3	College of Arts and Sciences
Carter, Sandra	20	Plant Operations
Cloud, Aaron	15	Plant Operatons
Coller, Mary	4	School of Business
Evans, Billy	3	Office of Financial Aid
Ezeike, Sandra	4	Department of Mathematics
Finley, Willie	11	Office of Public Safety
Heflin, David	3	Office of Vice-President for OPB
Hearn, Gina	6	OITS—Media Services
Henry, Candace	6	Admissions
Jackson, Merle	26	Plant Operations
Kerlin, Leslie	21	Plant Operations
Lancaster, Valerie	20	Office of the President
Lauer, Cythina	11	Fitness and Wellness Center
Lighting, Lolita	6	Testing Center
Mack, Curtis	3	Office of Public Safety
Moore, Leslie	6	Office of Vice President Academic Affairs
Moore, Tammy	3	Spivey Hall General Operations

August Staff Anniversaries

Name	Years of Service	Department
Mustafa, Jamal	5	Office of Public Safety
Parker, Lillian	5	School of Nursing
Pascual, Ricardo	13	Plant Operations
Person, Jacqueline	3	College of Arts and Sciences
Phillips, Lisa	4	Dental Hygiene
Richards, Caroline	2	Nurse Managed Clinic
Roberts, Cheryl	4	Office of Public Safety
Rowell, Reda	12	Office of Development
Satterfield, Ray	16	Office of Public Safety
Scott, Mary Leanne	4	University Image and Communications
Sears, Jill	18	College of Arts and Sciences
Shiffert, John	13	University Relations
Simon, Eric	3	Leadership Development
Slemons, Daniel	4	Learning Center
Smith, Vicky	1	School of Business
Soroka, Svetlana	3	Plant Operations
Spinolo, Julia	1	Department of Nursing
Stanford, Thomas	4	Plant Operations
Tan, Boey Kheem	3	Department of Natural Sciences
Wagner, Bradley	20	Plant Operations
White, Keesha	7	School of Nursing
Whitfield, Ryan	3	Career Services
Winkles, Patricia	1	Office of Public Safety
Yeager, Candace	18	Office of the Registrar