

Managing Roles, Goals, & Priorities

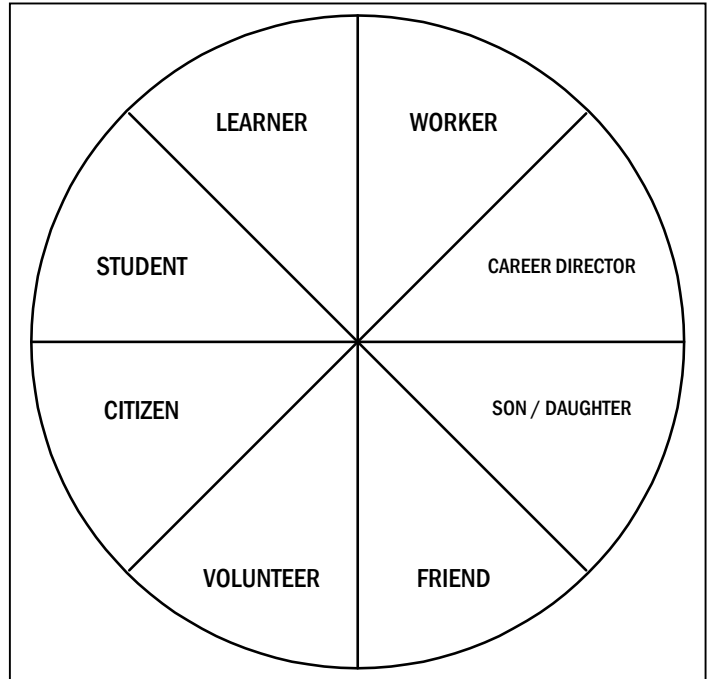
What are your life roles?

Consider the following possibilities below and graphically represented in the roles circle to the right.

- **Son / Daughter** – Many family roles are possible and each individual will know best how to define them.
- **Friend** – Social life is important and can be called many things. Social self, party animal, etc.
- **Student** – The role you expect of yourself at school goes here. Time in class, studying, etc.
- **Worker** – Part-time work, and more.
- **Learner** – Just as a career means something different than a job, for some people learning becomes more than just being a student. If learning take on added importance for you, you just may find yourself digging deeper for a little more understanding, whether for personal growth, career advancement, or other reasons.
- **Volunteer** – Giving of yourself can be a growth opportunity for many.
- **Citizen** – The time you put into your community may vary from time to time. Student government or other student leadership opportunities can be a great way to contribute to your university community.
- **Career Director** – Steven Covey talks of “sharpening the saw,” referring to taking time to stay sharp, think, plan, and identify sound plans to achieve goals. If you commit to taking full responsibility for directing your own career, you’ll likely see more opportunities for incorporating other roles to gain valuable experience and develop useful skills.

Careers that develop without direction may experience more fits and starts, stagnation, etc.

Are you ready to commit to the role of career director in your own life? What adjustments will be necessary to make room for this or other roles you determine are priorities?



Role Activity

On the next page, list your life roles as you now see them. Then use the Present circle to graphically reflect the approximate amount of time you spend in on that life role. Each piece-of-the-pie should be relative to the time you spend in that role compared to your other roles. The more time you spend on a role, the bigger that piece of the pie.

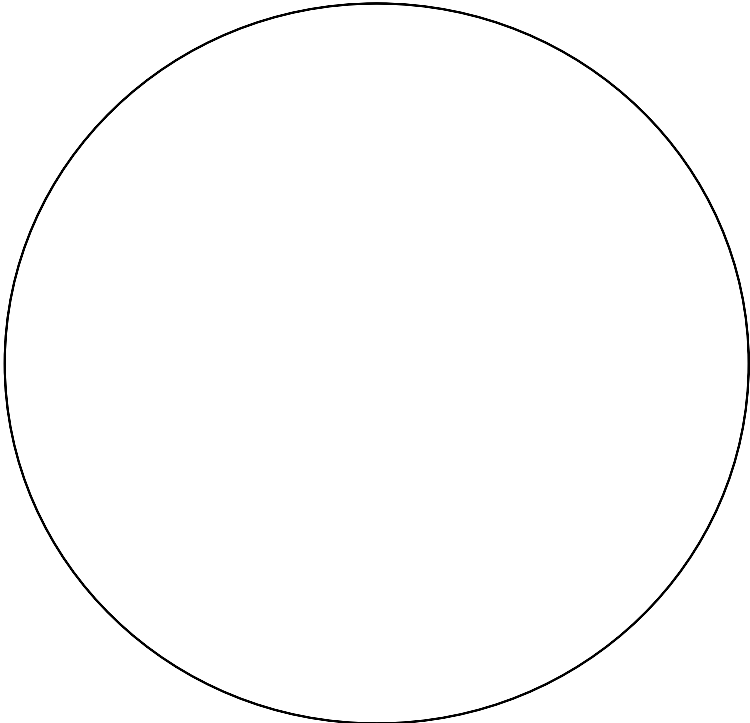
Then list your optimal roles. Are there some roles that you see as now missing that you would add to improve your chances of achieving life goals?

With these new roles in mind, use the second circle to indicate how much time each role would require if you were living optimally and performing at your best.

What will this mean for you? What will expanded roles mean in terms of new activities you will make time for? What goals can you set for yourself for each role?

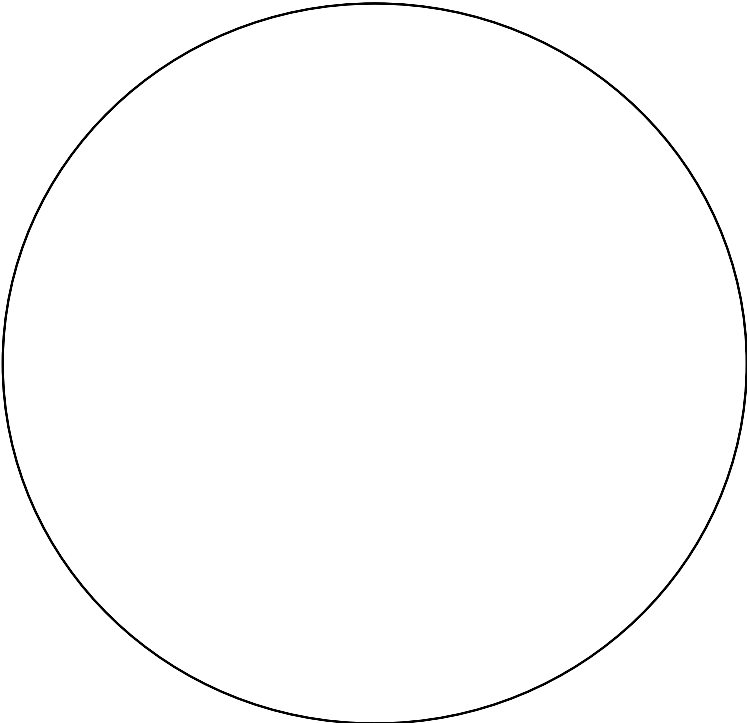
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What are your present roles?



↗ PRESENT ↗

↖ OPTIMAL ↖



What are your optimal roles?

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ROLES	GOALS	PRIORITIES
ROLE #1		
ROLE #2	GOALS	PRIORITIES
ROLE #3	GOALS	PRIORITIES
ROLE #4	GOALS	PRIORITIES
ROLE #5	GOALS	PRIORITIES
ROLE #6	GOALS	PRIORITIES
ROLE #7	GOALS	PRIORITIES